

People Outdoors



Our Support Ratios Explained

At People Outdoors we offer outdoor experiences for people with disabilities. Our programs include single day through to week long camps which provide people with disabilities the opportunity to experience the social and developmental benefits of adventure outdoors. Each program caters for different support levels.

NDIS Programs -

These programs are for individuals with an NDIS package who require a support ratio of 1:3 - 1 disability support worker to 3 participants.

DHHS Programs -

These programs are for individuals who do not have an NDIS package and require any of the following care ratios - 1:1, 1:2, 1:3. These programs are staffed by trained volunteer carers.

How much support do you need?

1:3 RATIO

- A person who is independent in all areas of personal care including toileting, showering and brushing teeth (may just require prompting).
- Can eat independently, make drinks for themselves and has good communication/social skills.
- Understands road rules, social settings and can stay with the group on outings.



1:1 RATIO

- Participants who use a manual or electric wheelchair and need assistance.
- A person that needs full assistance with personal care such as showering, toileting and brushing teeth and full assistance with dressing.
- Has special requirements during meal times and needs assistance to eat.
- Requires full assistance and constant supervision in the community.
- May have challenging behaviours.
- May have limited social skills.

1:2 RATIO

- Requires prompting or some assistance with showering, toileting and brushing teeth.
- May require prompting to pick appropriate clothes and get ready for the day.
- May need supervision or help eating or using cutlery.
- May need staff to look after spending money and help with daily living choices.
- Requires closer supervision in the community and on outings.
- May display some mild to moderate behaviours of concern.

**CONTACT US
FOR MORE
INFORMATION
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AUSTRALIAN
CAMPS ASSOCIATION

PEOPLE OUTDOORS

Adventure for all